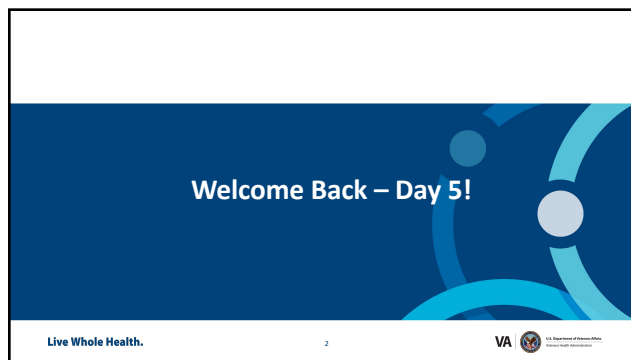


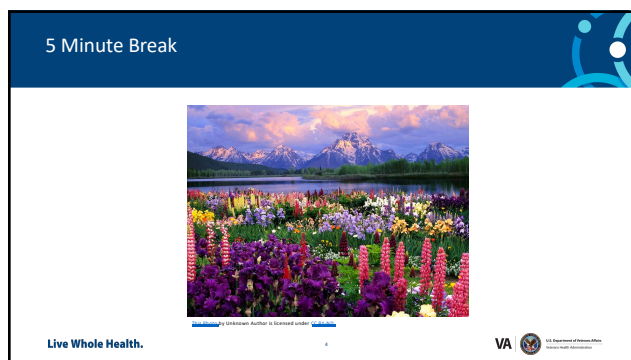
1



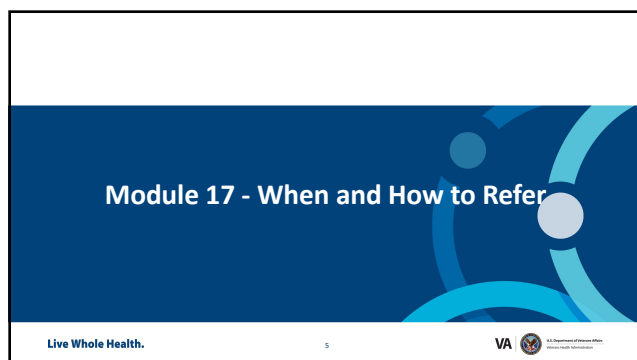
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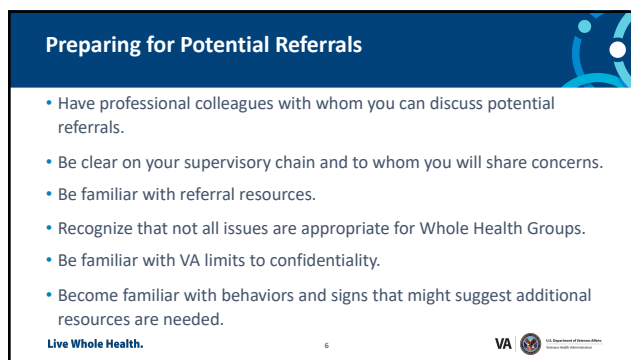
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### When to Refer – Some Guidelines

- Participant expresses intent of thoughts of doing harm to self or others.
- Participant shows signs of depression.
- Participant shows signs of high anxiety.
- Participant is unable to make progress in desired area of change.
- Participant's behavior is having a negative impact on the group.
- When in doubt, talk to the participant.

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### know the five signs.

Reach out, connect, inspire hope, and offer help.



personality changed? agitated? withdrawn? poor self-care? hopeless?

#ChangeMentalHealth  
visit  
[www.changedirection.org](http://www.changedirection.org)

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### How to Refer

- Establish in first session that referral may be part of the group process.
- Discuss with participant first before making a referral.
- Use **Elicit-Provide-Elicit** (EPE) format when discussing referral with participant.
- If you have clinical credentials, be clear with participants which role you are assuming.

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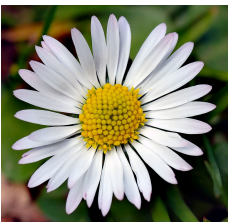
### Questions for Discussion

- What are some conditions that you think might warrant a referral?
- What has been your experience with referrals in your current position that you could apply to these groups?
- What questions do you have regarding referrals?

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### 10 Minute Break



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### Module 18 – Implementation Strategies

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### Final Thoughts


#### Final Q & A



#### Parking Lot



#### Closing Circle



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### Thank you!



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